



UTAH SOCIETY OF
HEALTH-SYSTEM PHARMACISTS

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Now We Got Bad Blood: Desensitization in Solid Organ Transplant

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Disclosure

- **Relevant Financial Conflicts of Interest**
 - **CE Presenter, Bridget Bucher, PharmD:**
 - None
 - **CE Mentor, Todd Larson, PharmD, BCTXP:**
 - None
 - **CE Mentor, Kelsea Zukauckas, PharmD, BCPS:**
 - None
- **Off-Label Uses of Medications**
 - Bortezomib, Carfilzomib, Intravenous Immune Globulin (IVIG), Rituximab, Tocilizumab
- **Investigational Agents**
 - Clazakizumab, Imlifidase

Learning Objectives – Pharmacists

- Describe the clinical significance of HLA sensitization in the solid organ transplant population
- Identify the mechanism of agents and modalities currently used in desensitization regimens
- Evaluate existing literature and protocols supporting the role of desensitization therapy
- Formulate an appropriate treatment plan for a highly sensitized transplant recipient

Learning Objectives – Technicians

- Recognize various agents used for desensitization in solid organ transplant
- Apply knowledge on the preparation of agents used for desensitization
- Discuss potential cost barriers associated with desensitization therapies

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Abbreviations

ACR – Acute Cellular Rejection	IdeS – IgG-Degrading Enzyme Derived from <i>Streptococcus pyogenes</i>	PML – Progressive Multifocal Leukoencephalopathy
ADR – Adverse Drug Reactions	IgG – Immunoglobulin G	POD – Post-Op Day
AKI – Acute Kidney Injury	IL-6 – Interleukin-6	PRA – Panel Reactive Antibody
AMR – Antibody Mediated Rejection	IL-6R – Interleukin-6 Receptor	SAE – Serious Adverse Events
AWP – Average Wholesale Price	IV – Intravenous	SC – Subcutaneous
D5W – 5% Dextrose	IVIG – Intravenous Immune Globulin	SWFI – Sterile Water for Injection
DDKT – Deceased Donor Kidney Transplantation	LRKT – Living Related Kidney Transplantation	TCR – T cell Receptor
DSA – Donor Specific Antibody	MHC – Major Histocompatibility Complex	TPE – Therapeutic Plasma Exchange
FDA – Food and Drug Administration	PLEX – Plasma Exchange	TXP – Transplant
HLA – Human Leukocyte Antigen	PMH – Past Medical History	UTI – Urinary Tract Infection

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Background



Immunology Refresher

INNATE IMMUNE SYSTEM

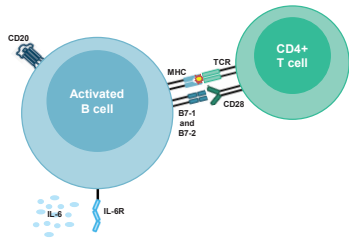
- *Nonspecific* immune response to a foreign pathogen
- Serves as the first-line of defense:
 - Physical barriers
 - Chemical barriers
 - Phagocytic cells (macrophages, neutrophils, etc.)

ADAPTIVE IMMUNE SYSTEM

- Memory response to a *specific* foreign pathogen
 - Cell-mediated immunity:
 - Cytotoxic (CD8+) and helper (CD4+) T cells
 - Humoral immunity:
 - Antibody production by B cells and plasma cells

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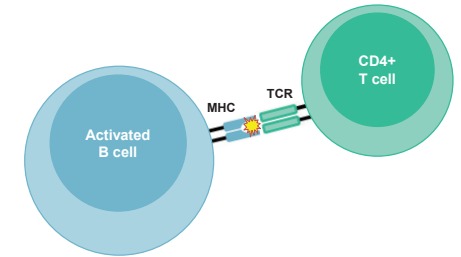
Adaptive Immune System



Step 1: Antigen presenting cell (ex: B cell) presents foreign antigen to T cell

Transplant Immunology

- Major histocompatibility complex (MHC) molecules present antigens to T cells
 - MHC = human leukocyte antigen (HLA)
- In transplant, rejection can occur from foreign antigens (i.e., transplanted allograft)
 - MHC molecules are major antigen targets of rejection
 - Direct vs. indirect recognition



Human Leukocyte Antigen

HLA genes follow Mendelian inheritance and are co-dominantly expressed

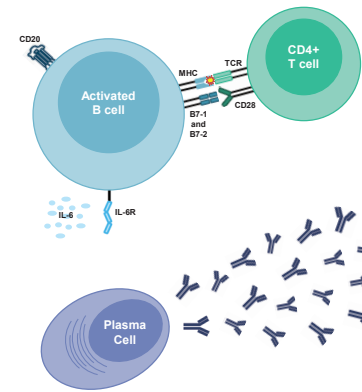
HLA Class I

- HLA-A, HLA-B, and HLA-C
- Found on all nucleated cells
- Present antigens to cytotoxic (CD8+) T cells → destruction

HLA Class II

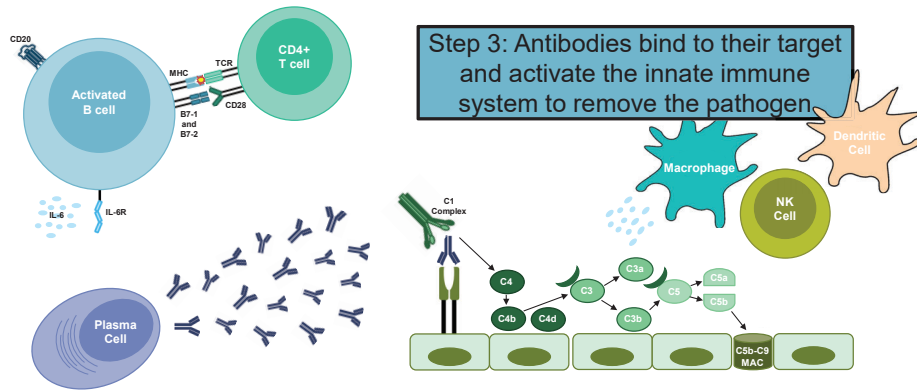
- HLA-DR, HLA-DQ, and HLA-DP
- Found on antigen presenting cells
- Present antigens to helper (CD4+) T cells → antibody production

Adaptive Immune System



Step 2: Activated B cell matures into memory B cells or plasma cells, which produce antibodies

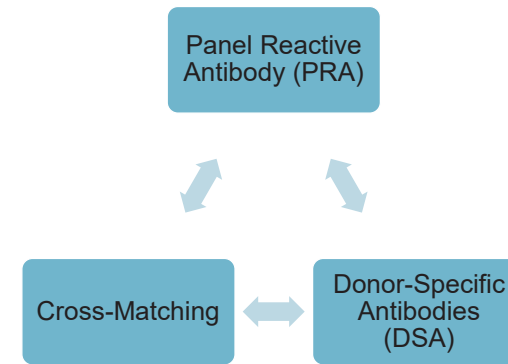
Adaptive Immune System



Loupy, et al. *N Engl J Med* 2018; 379(12):1150-1160.

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Measuring Antibodies



Exposure to foreign HLA can result in development of anti-HLA antibodies

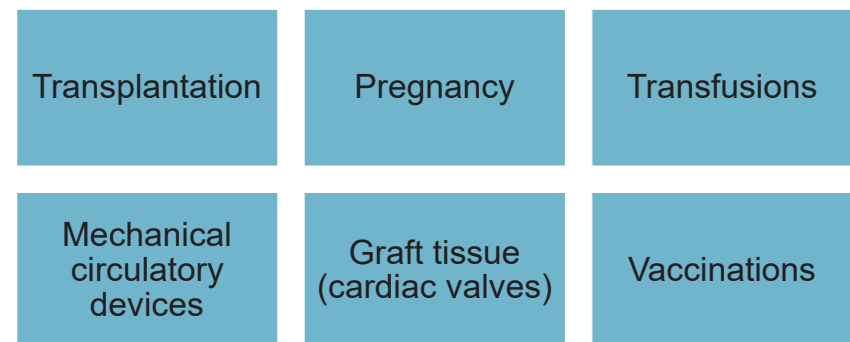
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Measuring Antibodies

Panel Reactive Antibody (PRA)	Prospective Cross-Matching	Donor-Specific Antibodies (DSA)
<ul style="list-style-type: none"> Performed pre-transplant Measurement of recipient's antibodies to a panel of human antigens Represents the percentage of the population the recipient has pre-formed antibodies against Example: recipient with PRA of 80% is incompatible with 80% of donors 	<ul style="list-style-type: none"> Performed at the time of transplant Recipient serum potentially containing DSA is mixed with donor T or B lymphocytes Positive crossmatch indicates DSA, increasing the risk of rejection 	<ul style="list-style-type: none"> Performed pre- or post-transplant Detects specific antibodies against a particular donor's HLA antigens DSA may be pre-formed (developed before transplant) or de-novo (developed after transplant)

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Sensitization Events



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Sensitization in Transplant



11% of kidney transplant candidates on the waitlist are highly sensitized (PRA >80%)



25% of heart transplant candidates on the waitlist are highly sensitized (PRA >80%)

Based on OPTN data as of February 2023.

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Impact of Sensitization in Transplant

Increased waitlist time

Increased morbidity and mortality on the waitlist

Risk of hyperacute rejection

Increased rates of antibody mediated rejection (AMR)

Early graft loss

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Desensitization Overview

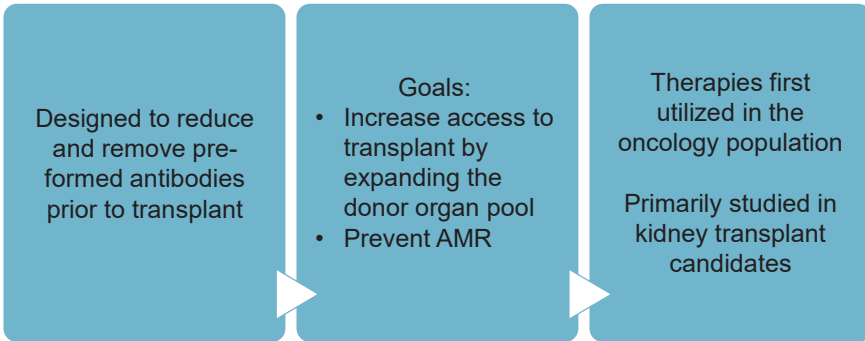


Patient Case

- CV is a 33-year-old female
- PMH:
 - Hypoplastic left heart syndrome
 - Cirrhosis secondary to congenital heart disease
- Listed for dual heart-liver transplant in 9/2022
- 100% PRA at the time of listing
 - Sensitization events: multiple congenital heart surgeries and transfusions for menorrhagia

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What is Desensitization?



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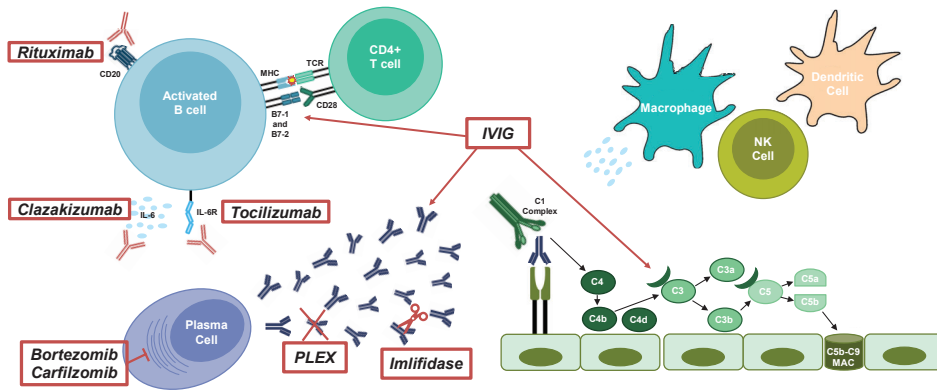
Desensitization Therapy*

Backbone Agents	Alternative Agents	Refractory Agents
<ul style="list-style-type: none"> • IVIG • Plasmapheresis • Rituximab 	<ul style="list-style-type: none"> • Proteasome Inhibitors: <ul style="list-style-type: none"> • Bortezomib • Carfilzomib 	<ul style="list-style-type: none"> • Tocilizumab • Clazakizumab • Imlifidase

*No drug therapies are currently FDA approved for desensitization in solid organ transplant

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Desensitization Therapy Targets



Backbone Agents



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IVIG Mechanism of Action

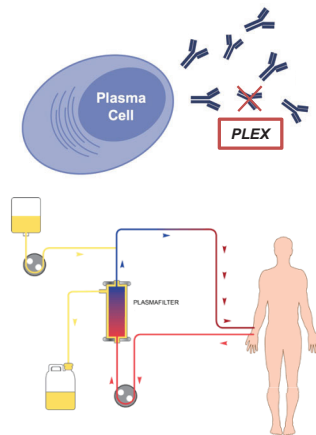
- Several proposed mechanisms of action:
 - Neutralization of circulating anti-HLA antibodies
 - Inhibition of complement activation
 - Binding to Fc receptors on immune cells
 - Prevents rebound of pre-formed antibodies by providing circulating IgG

IVIG Dosing and Administration

Dose	Preparation
<ul style="list-style-type: none"> • 0.1 g/kg/dose to 2 g/kg/dose IV <p>Low-Dose High-Dose</p>	<ul style="list-style-type: none"> • Not compounded • Spike and hang IVIG product from vial
Administration	Adverse Reactions
<ul style="list-style-type: none"> • Premedication recommended with acetaminophen and diphenhydramine prior to infusion • Infusion rate dependent on IVIG product 	<ul style="list-style-type: none"> • Infusion reactions • Boxed warnings: <ul style="list-style-type: none"> ▪ Renal dysfunction and acute renal failure (sucrose containing products) ▪ Thromboembolic events

Plasmapheresis

- Plasmapheresis = Plasma Exchange (PLEX) = Therapeutic Plasma Exchange (TPE)
- Approved for desensitization in ABO incompatible kidney transplant
- Mechanism of action:
 - Direct removal of anti-HLA antibodies

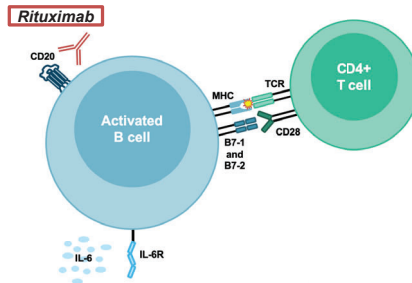


IVIG and Plasmapheresis Literature

Trial	Intervention	Outcomes
High-Dose IVIG Glotz, et al. 2002. • Pilot trial • N=15	Pre-tx: IVIG 2 g/kg monthly x 3 months Post-tx: IVIG 2 g/kg on POD 0, 1, 20, 21, 40, 41	<ul style="list-style-type: none"> • 87% (13/15) transplanted • 11 DDKT – mean PRA 64% before vs. 14% after • 2 LRKT – positive crossmatch before vs. negative after • 77% (10/13) developed rebound DSA • 2 episodes of graft loss (1 thrombosis, 1 rejection)
	Jordan, et al. 2004. • Randomized, double-blind, placebo-controlled trial • N=101	Pre-tx: IVIG 2 g/kg monthly x 4 months (additional doses at 12 and 24 months if not transplanted) Post-tx: IVIG 2 g/kg monthly x 4 months
Low-Dose IVIG + PLEX Montgomery, et al. 2011. • Matched control trial • N=215	Pre-tx: mean of 4±4 PLEX sessions with 0.1 g/kg Cytogam after each session Post-tx: mean of 5±4 PLEX sessions with 0.1 g/kg Cytogam after each session	<ul style="list-style-type: none"> • 98% (211/215) transplanted • Improved survival rates with treatment vs. dialysis-only vs. dialysis-only or HLA compatible transplant; P <0.001 <ul style="list-style-type: none"> • 1 year: 90.6%, 91.1%, 93.1% • 3 years: 85.7%, 67.2%, 77% • 5 years: 80.6%, 51.5%, 65.6% • 8 years: 80.6%, 30.5%, 49.1%

Rituximab Mechanism of Action

- Chimeric monoclonal antibody directed against CD20 on the surface of B cells
- Induces apoptosis of B cells via antibody-dependent cytotoxicity and complement-dependent cytotoxicity



Rituximab Dosing and Administration

Dose

- 375 mg/m²/dose or 1000 mg IV
- Dosing regimen is institution specific

Preparation

- Compounded in normal saline or D5W
- Dilute to concentration of 1-4 mg/mL

Administration

- Pre-medicate with acetaminophen and diphenhydramine prior to infusion
- Infusion rates:
 - Initial: 50 mg/hr (titrate to max of 400 mg/hr)
 - Subsequent: 100 mg/hr (titrate to max of 400 mg/hr)

Adverse Reactions

- Infusion reactions (decreases with subsequent infusions)
- Risk for bacterial/viral infections, progressive multifocal leukoencephalopathy (PML), and hepatitis B virus reactivation
- Vaccines may be ineffective

Rituximab Literature

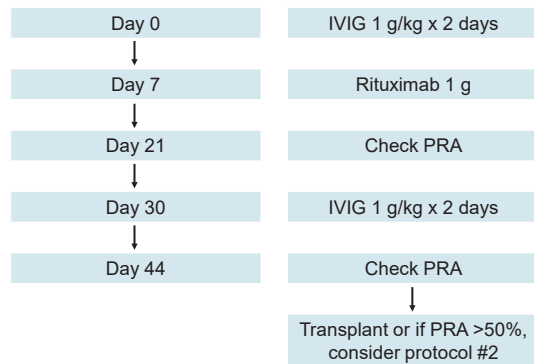
Trial	Intervention	Outcomes
Vo, et al. 2008. • Exploratory, open-label, phase 1-2, single center study • N=20	Pre-txp: IVIG 2 g/kg (day 0 and 30) + rituximab 1 g (day 7 and 22)	<ul style="list-style-type: none"> 80% (16/20) transplanted Mean PRA 77% before vs. 44% after (P<0.001) 50% experienced acute rejection (31% were AMR) 12-month patient and graft survival were 100% and 94%, respectively
Vo, et al. 2014. • Double-blind, placebo-controlled trial • N=15	Pre-txp: IVIG 2 g/kg (day 1 and 20) + rituximab 1 g or placebo (day 15) Post-txp: IVIG 2 g/kg (within 10 days of txp) + rituximab 1 g or placebo (at 6 months)	<ul style="list-style-type: none"> 87% (13/15) transplanted (7 placebo vs. 6 rituximab) All AMR occurred in placebo group (N=3, P=0.06) All graft loss occurred in placebo group (N=2) Rituximab had benefit on renal function at 6- and 12-months post-txp (P=0.046)
Stegall, et al. 2006. • Single center, retrospective study • N=61	Protocol 1 (N=13) • IVIG 2.1-3 g/kg pre-txp Protocol 2 (N=32) • PLEX, IVIG 0.1 g/kg, and rituximab 375 mg/m ² 4-7 days pre-txp Protocol 3 (N=16) • Protocol 2 + thymoglobulin 1.5 mg/kg x 5 doses pre-txp	<ul style="list-style-type: none"> Negative crossmatch achieved in: <ul style="list-style-type: none"> 36% (5/13) receiving protocol 1 84% (27/32) receiving protocol 2 88% (14/16) receiving protocol 3 AMR rates were 80% vs. 37% vs. 29%, respectively (P<0.05)

Desensitization Protocols

Transplant Center	Antibody-Removal Technique	Rituximab
Cedars-Sinai	High-dose IVIG	Yes
Johns Hopkins	Low-dose IVIG and plasmapheresis	Yes
Mayo Clinic	Low-dose IVIG and plasmapheresis	No
University of Illinois	Low-dose IVIG and plasmapheresis	No

UofU Desensitization Protocol #1

First-line therapy for outpatient candidates



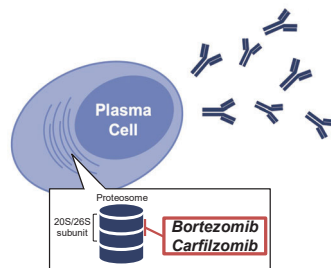
Alternative Agents



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Proteasome Inhibitor Mechanism of Action

- Bortezomib:
 - 1st generation, reversible inhibitor of the 26S proteasomal subunit
- Carfilzomib:
 - 2nd generation, irreversible inhibitor of the 20S proteasomal subunit
- Induce apoptosis of plasma cells by disrupting protein processing



Proteasome Inhibitor Dosing and Administration

Dose	Preparation								
<ul style="list-style-type: none"> Bortezomib: 1.3-1.5 mg/m²/dose Carfilzomib: 20-36 mg/m²/dose Dosing regimen is institution specific 	<ul style="list-style-type: none"> Prepare in negative pressure chemotherapy hood Bortezomib: reconstitute with normal saline (1 mg/mL IV or 2.5 mg/mL SC) Carfilzomib: reconstitute with SWFI (2 mg/mL) and add to 50 mL of D5W 								
Administration	Adverse Reactions								
<ul style="list-style-type: none"> Bortezomib: rapid IV push or SC <ul style="list-style-type: none"> Pre-medicate with ondansetron Carfilzomib: IV infusion over 10-30 minutes <ul style="list-style-type: none"> Hydrate with fluids prior to administration and pre-medicate with dexamethasone 	<p>Class Effects</p> <ul style="list-style-type: none"> Bone marrow suppression Gastrointestinal side effects <table border="0"> <tr> <td>Bortezomib</td> <td>Carfilzomib</td> </tr> <tr> <td>Hepatotoxicity</td> <td>Infusion reactions</td> </tr> <tr> <td>Peripheral neuropathy</td> <td>Cardiovascular events</td> </tr> <tr> <td></td> <td>Nephrotoxicity</td> </tr> </table>	Bortezomib	Carfilzomib	Hepatotoxicity	Infusion reactions	Peripheral neuropathy	Cardiovascular events		Nephrotoxicity
Bortezomib	Carfilzomib								
Hepatotoxicity	Infusion reactions								
Peripheral neuropathy	Cardiovascular events								
	Nephrotoxicity								

Bortezomib, Lexicomp, 2023.
Carfilzomib, Lexicomp, 2023.

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Bortezomib, Lexicomp, 2023.
Carfilzomib, Lexicomp, 2023.

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Bortezomib Literature

Trial	Intervention	Outcomes
Woodle, et al. 2015. • Prospective, multiphase trial • N=44	Pre-tp: bortezomib (1.3 mg/m ²) x 6-8 doses w/ or w/o PLEX + rituximab (375 mg/m ²) x 1 dose (max 500 mg)	<ul style="list-style-type: none"> 43.2% (19/44) transplanted 13.5% (6/44) had ≥50% PRA reduction <ul style="list-style-type: none"> Rebound DSA at ≥90 days was observed depending upon the protocol used ACR and AMR rates were 18.8% and 12.5% at 6 months
Patel, et al. 2011. • Single center, pilot study • N=7 • PRA ≥50% despite IVIG and rituximab	Pre-tp: bortezomib (1.3 mg/m ²) on days 1, 4, 7, and 10 with 2 PLEX sessions before each dose	<ul style="list-style-type: none"> 85.7% (6/7) transplanted Mean PRA reduced from 62% to 35% (P=0.01) ADR: anemia (N=1), leukopenia (N=3), neuropathy (N=1), sepsis related death (N=2)

Woodle, et al. *Am J Transplant* 2015; 15:101-118.
Patel, et al. *J Heart Lung Transplant* 2011; 30:1320-1326.

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Carfilzomib Literature

Trial	Intervention	Outcomes
Tremblay, et al. 2019. • Prospective, non-randomized trial • N=16	Group A (N=6) • 12 doses of carfilzomib (escalating from 20-36 mg/m ²), followed by 3 PLEX sessions pre-tp Group B (N=10) • Group A + additional weekly PLEX sessions prior to carfilzomib	<ul style="list-style-type: none"> Significant reduction in HLA antibodies (69.8% for group A, P=0.031; 80.1% for group B, P=0.938) Rebound antibodies occurred between 81 and 141 days ADR: nausea (N=8), anemia (N=3), fatigue (N=3), headache (N=3), paresthesias (N=3), thrombocytopenia (N=3), vomiting (N=3)
Sriwattanakomen, et al. 2021. • Retrospective, single center study • N=9	Pre-tp: PLEX + carfilzomib (20 mg/m ²) on days 1, 2, 8, 9, 15, and 16, followed by IVIG 2 g/kg after carfilzomib on day 16 Total of 20 cycles administered across 9 candidates	<ul style="list-style-type: none"> 66.7% (6/9) transplanted Mean PRA reduced from 76% to 40% (P=0.001) Rebound PRA of 22% 1 patient treated for AMR ADR: AKI (N=6), thrombocytopenia (N=3)

Tremblay, et al. *Am J Transplant* 2020; 20(2):411-421.
Sriwattanakomen, et al. *J Heart Lung Transplant* 2021; 40(7):595-603.

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UofU Desensitization Protocol #2

Day 0	PLEX
Day 1	PLEX + Bortezomib 1.3 mg/m ²
↓	
Day 3	PLEX
Day 4	PLEX + Bortezomib 1.3 mg/m ²
↓	
Day 7	PLEX
Day 8	PLEX + Bortezomib 1.3 mg/m ²
↓	
Day 10	PLEX
Day 11	PLEX + Bortezomib 1.3 mg/m ²
↓	
Day 25	Check PRA

First-line therapy for inpatient candidates or those w/ PRA >50% after protocol #1

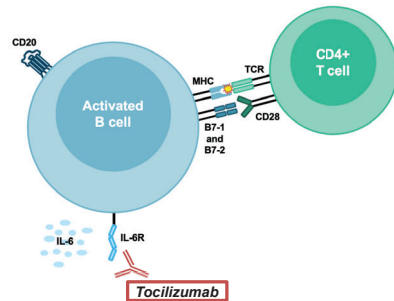
Refractory Agents



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Tocilizumab Mechanism of Action

- Humanized monoclonal antibody which antagonizes the interleukin-6 (IL-6) receptor
- Endogenous IL-6 mediates a variety of immune responses:
 - Activation and proliferation of T cells
 - Differentiation of B cells
 - Antibody production



Tocilizumab Dosing and Administration

Dose

- 8 mg/kg/dose IV monthly
- Dosing regimen is institution specific

Preparation

- Dilute solution in normal saline or half-normal saline
- Final volume is 100 mL in patients >30 kg

Administration

- Obtain QuantiFERON-TB Gold prior to administration
- IV infusion over ≥60 minutes
- Pre-medicate with acetaminophen, diphenhydramine, and steroids

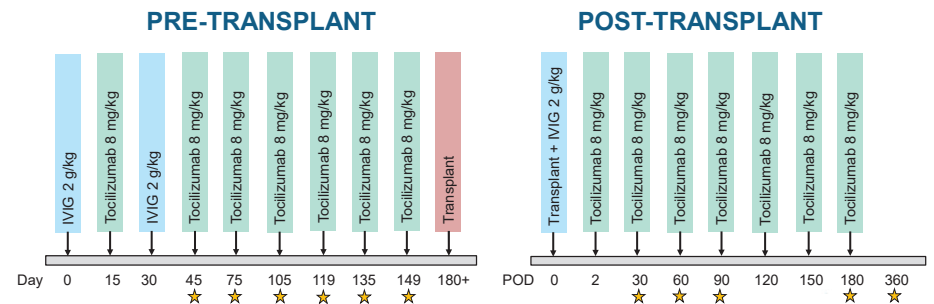
Adverse Reactions

- Infusion reactions
- Neutropenia and thrombocytopenia
- Hepatotoxicity

Tocilizumab Literature

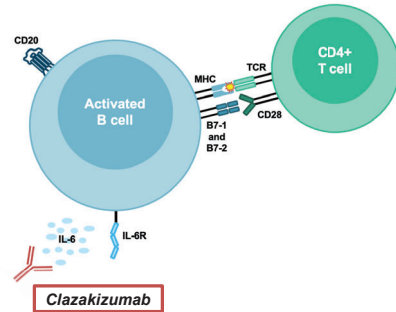
Trial	Intervention	Outcomes
Vo, et al. 2015. • Phase I/II, single center, open label, pilot, exploratory study • N=10 • Patients non-responsive to IVIG + rituximab	Pre-tpx: IVIG 2 g/kg (day 1 and 30) + tocilizumab 8 mg/kg on day 15, then monthly x 6 months Post-tpx: IVIG 2 g/kg on POD 0 + tocilizumab 8 mg/kg on POD 2, then monthly x 6 months	<ul style="list-style-type: none"> 50% (5/10) transplanted Mean DSA significantly reduced (P=0.03) Time to transplant was 8.1 months vs. 25 months prior to tocilizumab No rejection at 6 months, 1 episode of mild AMR at 12 months SAE: pneumonia (N=1), Bell's Palsy (N=1), infective colitis (N=1)

Example Tocilizumab Protocol



Clazakizumab Mechanism of Action

- Investigational drug
- Humanized monoclonal antibody targeted against IL-6
- Blocks activation and proliferation of T cells, differentiation of B cells, and antibody production



Clazakizumab Literature

Trial	Intervention	Outcomes
Vo, et al. 2022. • Phase II, open label, single-arm exploratory study • N=20	Pre-tpx: • 5 PLEX sessions (day -15 to 0) • IVIG 2 g/kg x 1 (day 0) • Clazakizumab 25 mg SC monthly x 6 doses starting day 7 Post-tpx: • IVIG 1 g/kg (POD 0 and 1) • Clazakizumab 25 mg SC monthly x 6 doses starting POD 5	<ul style="list-style-type: none"> • 90% (18/20) transplanted • Significant reduction in class I (P=0.001) and class II (P=0.006) antibodies • Patient and graft survival at 12 months were 100% and 94%, respectively • 4 patients experienced rejection: chronic active T cell mediated rejection (N=1), chronic active AMR (N=2), mixed rejection (N=1) • Most common ADR was thrombocytopenia (N=8)

Vo, et al. *Am J Transplant* 2022; 22:1133-1144.

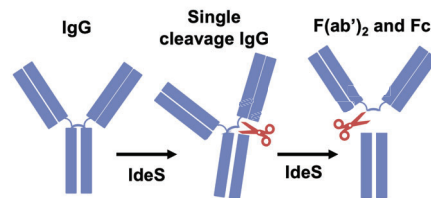
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Vo, et al. *Am J Transplant* 2022; 22:1133-1144.

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Imlifidase (IdeS) Mechanism of Action

- Investigational agent
- Imlifidase = **I**gG-**d**egrading **e**nzyme derived from *Streptococcus pyogenes* (IdeS)
- Recombinant cysteine protease derived from *S. pyogenes* that cleaves IgG in 2 steps:
 - 1) Single cleavage of IgG (1 heavy chain remains intact)
 - 2) Full cleavage of IgG (results in a F(ab')₂ fragment and Fc fragment)
- Fc region unable to interact with Fc receptors, preventing antibody response



Imlifidase (IdeS) Literature

Trial	Intervention	Outcomes
Jordan, et al. 2017. • 2 separate open-label, single-group, phase I/II trials • N=25	<ul style="list-style-type: none"> • United States (N=14): • IdeS 0.24 mg/kg IV 4-6 hours pre-tpx • Sweden (N=11): • IdeS 0.25 or 0.5 mg/kg IV 4-6 hours pre-tpx 	<ul style="list-style-type: none"> • 96% (24/25) transplanted <ul style="list-style-type: none"> • 1 episode hyperacute rejection (non-HLA antibodies) • Near complete or complete reduction of HLA antibodies at 6 and 24 hours after treatment • AMR occurred in 10 patients (7 United States, 3 Swedish) • SAE: bacteremia (N=1), abdominal infection (N=1), catheter infection (N=1), parvovirus (N=1), myalgia (N=1)
Jordan, et al. 2021. • Open-label, single-arm, phase 2 (Highdes) trial • N=19	<ul style="list-style-type: none"> • IdeS 0.25 mg/kg IV on POD 0 (additional dose within 2 days if negative crossmatch not achieved) • IVIG 2 g/kg on POD 7 • Rituximab 1 g on POD 9 	<ul style="list-style-type: none"> • 94.7% (18/19) transplanted <ul style="list-style-type: none"> • 2 patients with primary graft dysfunction • 89.5% (17/19) achieved negative crossmatch within 24 hours • Antibody rebound occurred in all but 2 patients • AMR occurred in 7 patients (38.9% with onset between POD 2 and 19) • ADR: infusion related reactions (N=2) and UTI (N=1)

Jordan, et al. *N Engl J Med* 2017; 377:442-453.

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Jordan, et al. *N Engl J Med* 2017; 377:442-453.
Jordan, et al. *Transplantation* 2021; 105:1808-1817.

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Additional Considerations



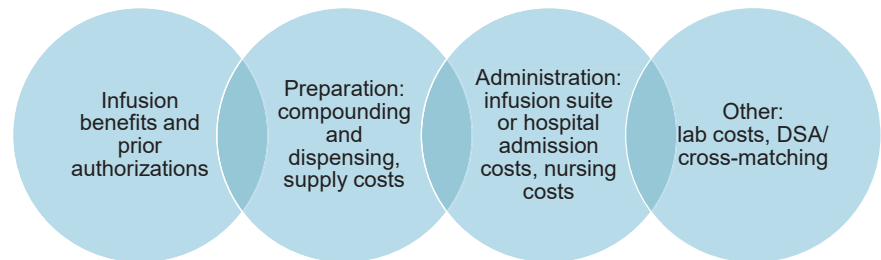
Additional Considerations

- Currently, no drug therapies are FDA approved for desensitization
- Desensitization agents often require prior authorizations due to high drug costs
- Desensitization requires extensive coordination amongst the transplant multidisciplinary team

Don't Blame Me... for the Cost

Drug	Average Wholesale Price (AWP)	Cost per Cycle (70 kg patient)
IVIg (Gammagard)	\$19.37 per mL	\$54,236
Rituximab (Rituxan)	\$112.74 per mL	\$11,274
Bortezomib (Velcade)	\$1923.58 per 3.5 mg	\$5,144
Carfilzomib (Kyprolis)	\$595.84 per 10 mg	\$12,870
Tocilizumab (Actemra)	\$151.76 per mL	\$30,048

Additional Cost Considerations



Summary of Desensitization

Pros

- Reduce/remove antibodies
- Expansion of donor pool
- Less AMR and death compared to historical controls

Cons

- Antibody rebound
- Cost
- Infection (prolonged immunosuppression)
- Variable effectiveness
- Unpredictable timing

Putting it Together

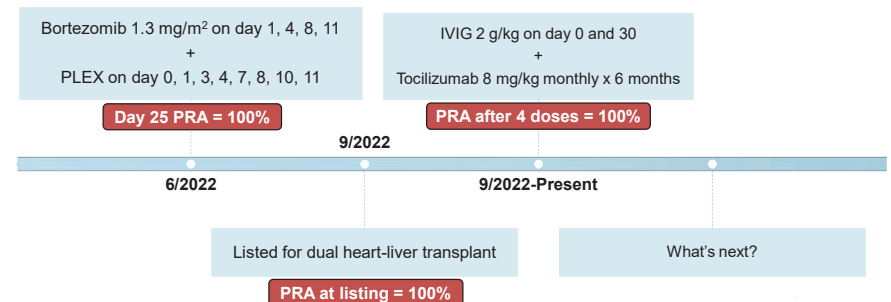


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Patient Refresher

- CV is a 33-year-old female
- Listed for dual heart-liver transplant in 9/2022 secondary to hypoplastic left heart syndrome and cirrhosis
- 100% PRA at the time of listing

Patient Case



64

68

Key Takeaways

- Development of anti-HLA antibodies results from exposure to foreign HLA
- Desensitization therapies target various steps affecting antibody production with the goal to reduce and remove pre-formed antibodies
- Protocols are transplant center-specific, and there are no prospective trials comparing various agents
- IVIG ± PLEX ± rituximab remain first-line therapies for stable patients on the waitlist
- Proteasome inhibitors, tocilizumab, and investigational agents are reserved for high-risk patients and those refractory to first-line therapies