

# USHP Midwinter Meeting

Saturday, February 10<sup>th</sup>, 2018

2018 Registration

**Space is Limited – Register Early!**

St. Mark's Hospital  
Lamb Auditorium  
1200 E 3900 S  
Salt Lake City, UT 84124

Option 1 – Fill out this form and mail with check to:

USHP, PO Box 58356, Salt Lake City, UT 84158

Registration must be postmarked by February 3<sup>rd</sup>, 2018

Option 2 – Register online and pay via credit card or Paypal at [www.ushp.org](http://www.ushp.org)

Name: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Preferred Phone: (\_\_\_\_) \_\_\_\_\_ Any dietary needs: \_\_\_\_\_

Email Address: \_\_\_\_\_

CPE Monitor ID# (**required**) \_\_\_\_\_ Birth Month/Day (**required**) \_\_\_\_/\_\_\_\_

Note: CPE Monitor ID, Birth Month/Day required for ACPE credit

After February 3<sup>rd</sup>, add \$25 to the below published price. An e-mail confirmation will be sent to the above indicated address.

## Pricing Schedule

	Member	Non-Member
Pharmacist	___ \$80	___ \$175
Resident/Fellow	___ \$40	___ \$75
Technician	___ \$40	___ \$75
Student	___ \$30	___ \$45
(Pharmacy, Technician)		

## **Meeting Agenda**

St. Mark's Hospital  
Lamb Auditorium  
1200 E 3900 S  
Salt Lake City, UT 84124

<b>7:00 AM – 7:50 AM</b>	<b>Registration, Breakfast, and Vendors</b>
<b>7:50 AM – 8:00 AM</b>	<b>Welcome/Announcements by USHP Executive Board Member</b>
<b>8:00 AM – 8:55 AM</b>	<b>“Moving On”: Non-opioid Alternatives for Chronic Pain Management (P/T)</b> <b>(0.1 CEU)</b> Nicholas Cox, PharmD, BCACP
<b>9:00 AM – 9:55 AM</b>	<b>Beyond checking the box – Tips for navigating regulations and implementing antimicrobial stewardship in practice (P/T)</b> <b>(0.1 CEU)</b> John Veillette, PharmD, BCPS
<b>10:00 AM – 10:30 AM</b>	<b>Break</b> <i>Exhibitors and Poster Session</i>
<b>10:30 AM – 11:25 AM</b>	<b>Lowering Expectations: An Update on Hypertension Guidelines (P/T)</b> <b>(0.1 CEU)</b> Katie Traylor, PharmD, BCACP, BC-ADM
<b>11:30 AM – 12:25 PM</b>	<b>Managing Your Time as a Preceptor: Work Smarter, Not Harder (P/T)</b> <b>(0.1 CEU)</b> Elizabeth Sebranek-Evans, PharmD, BCPS, BCGP

**P** = Accredited for Pharmacists

**T** = Accredited for Technicians

*The target audience is Pharmacists and Pharmacy Technicians*

Educational activities are application (A)- or knowledge (K)-based activities.

## Educational Objectives

8:00 AM

### **“Moving On”: Non-opioid Alternatives for Chronic Pain Management**

Nicholas Cox, PharmD, BCACP

Clinical Pharmacist, University of Utah Health

ACPE #: A-0167-0000-18-001-L01-P and A-0167-0000-18-001-L01-T

#### **Pharmacist Objectives**

1. Describe the efficacy and safety concerns with opioid monotherapy for chronic pain
2. Interpret the evidence of non-opioid pharmacologic therapies for chronic pain
3. List non-pharmacologic alternatives for chronic pain
4. Design a patient-specific management plan, incorporating non-opioid alternatives, for a patient with chronic pain

#### **Technician Objectives**

1. Propose 2 potential concerns of opioid monotherapy for chronic pain
  2. Define the following terms: chronic pain, drivers of pain, multimodal
  3. List 5 non-analgesic medications that may be used in the management of chronic pain
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9:00 AM

### **Beyond checking the box – Tips for navigating regulations and implementing antimicrobial stewardship in practice**

John Veillette, PharmD, BCPS

Clinical Pharmacist - Infectious Diseases/Antimicrobial Stewardship, Intermountain Medical Center

ACPE #: K-0167-0000-18-002-L04-P and K-0167-0000-18-002-L04-T

#### **Pharmacist Objectives**

1. List 3 regulatory requirements for antimicrobial stewardship
2. Identify available resources and tips for conducting antimicrobial stewardship activities
3. Propose one way you could apply the principles of antimicrobial stewardship to your daily practice

#### **Technician Objectives**

1. Recognize regulatory requirements for antimicrobial stewardship
2. Describe the important role of technicians in antimicrobial stewardship
3. Propose one way you could apply the principles of antimicrobial stewardship to your daily practice

10:30 AM

### **Lowering Expectations: An Update on Hypertension Guidelines**

Katie Traylor, PharmD, BCACP, BC-ADM

Clinical Pharmacist, University of Utah Health

ACPE #: A-0167-0000-18-003-L01-P and A-0167-0000-18-003-L01-T

#### **Pharmacist Objectives**

1. Identify key differences among recent guidelines and recommendations for the evaluation, prevention, and treatment of patients with hypertension.
2. Evaluate evidence influencing the selection of specific blood pressure goals for various patient populations.
3. Develop individualized treatment plans for patients with hypertension based on current guidelines, recent evidence, and tenets of shared decision-making.

#### **Technician Objectives**

1. Identify key differences among recent guidelines and recommendations for the evaluation, prevention, and treatment of patients with hypertension.
  2. List key steps for ensuring accurate blood pressure measurements within and outside of healthcare settings.
  3. Propose antihypertensive medication formulations that may help improve patient adherence to blood pressure treatment regimens.
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11:30 AM

### **Managing Your Time as a Preceptor: Work Smarter, Not Harder**

Elizabeth Sebranek-Evans, PharmD, BCPS, BCGP

Clinical Pharmacist & Pharmacy Education and Research Manager, Intermountain Healthcare

ACPE #: A-0167-0000-18-004-L04-P and A-0167-0000-18-004-L04-T

#### **Pharmacist Objectives**

1. Discuss time management barriers to precepting pharmacy learners
2. Evaluate strategies to reduce time management barriers with pharmacy learners
3. Describe and apply the layered learning model (LLM) to precept multiple pharmacy learners
4. Design learning activities to precept pharmacy learners

#### **Technician Objectives**

1. Discuss time management barriers to precepting pharmacy learners
2. Evaluate strategies to reduce time management barriers with pharmacy learners
3. Design learning activities to precept pharmacy learners

## Conference Details

**Registration:** Registration fees are discounted before February 3<sup>rd</sup>, 2018. To register, complete the registration form and pay by credit card (online only) or send a check to: USHP, PO Box 58356, Salt Lake City, UT 84158. Space is limited so please register early! Registration fee includes admittance to all programming, exhibits, and group meal functions. Registrations received after the February 3<sup>rd</sup> deadline or on-site are subject to an additional \$25 processing fee.

**CE Credit:** To obtain up to 4 credits of continuing pharmacy education credit (0.4 CEUs), the participant must attend the conference, check in at the registration desk, complete the online evaluation forms, and participate in the active learning activities. An attendance code will be provided at each CE session and will be required to claim CE via the online evaluation forms. A Statement of Credit will be available to the participants within 60 days of the program.

**Cancellation Policy:** To receive partial or full refund, registrants must contact USHP in writing prior to February 3<sup>rd</sup>, 2018. Requests made after February 3<sup>rd</sup> will not be considered.

**Exhibits:** The exhibit area offers an opportunity to learn about the latest from the pharmaceutical industry. Representatives from pharmaceutical manufacturers, wholesalers and others may be on hand to demonstrate new products and services.

**Special Assistance:** It is USHP's policy to comply with the American's with Disabilities Act. If you have any special needs or services while attending, please contact USHP no later than February 3<sup>rd</sup>, 2018 at [ushp@ushp.org](mailto:ushp@ushp.org).

**Parking:** Parking is complimentary and is located adjacent to the building. Directions to the facility will be available on the USHP website ([www.ushp.org](http://www.ushp.org)) prior to the conference.

**Accommodations:** If you need overnight accommodations, please USHP at [ushp@ushp.org](mailto:ushp@ushp.org).

**No grant funding has been sought for this educational program.**



The Utah Society of Health-System Pharmacists is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education.